



Lost in Christmas

AT THE LOST & FOUND

ALLERGEN MENU





ALLERGEN MENU

This guide lists what allergenic ingredients are contained in each of our dishes. The guide also shows whether or not each dish is suitable for vegetarian or vegan customers. We work closely with our suppliers and chefs to ensure that our information is correct. Therefore we ask that you inform your waiter before ordering if you have any specific dietary requirements.

Our recipe information is frequently updated so please check each time you visit to ensure you have the most up to date information on our dishes. Whilst we take every care with your meal we cannot guarantee a 100% allergen free environment nor can we guarantee against the processes used by our suppliers or products as our dishes are prepared in areas where other allergens are present.





THE LOST & FOUND ALLERGEN MENU
CHRISTMAS BUFFET MENU

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Chicken liver parfait bruschetta with red onion jam	Yes - Wheat & rye	Yes	Yes									Yes			
Crispy apricot & chestnut stuffing balls	Yes - Wheat	Yes										Yes			
Crispy Brie and cranberry relish	Yes - Wheat	Yes	Yes									Yes		Yes	
Duck fat roast potatoes with rosemary salt															
Honey & thyme glazed pigs in blankets	Yes - Wheat											Yes			
Mini maple butternut squash, chestnut & sage 'sausage' rolls	Yes - Wheat													Yes	Yes
Smoked salmon blinis	Yes - Wheat	Yes	Yes	Yes								Yes			
Spiced sweet potato wedges with garlic aioli			Yes							Yes				Yes	
Mini dark chocolate brownies		Yes	Yes				Yes							Yes	
Mini mince pies	Yes - Wheat													Yes	



All food is prepared in kitchens where nuts, gluten and other allergens could be present. We cannot include all ingredients in our menu descriptions, so we have produced the table above to help you identify the allergens present in each dish. If you have a food allergy please let us know before ordering.



THE LOST & FOUND ALLERGEN MENU
FESTIVE MENU



STARTERS

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Celeriac & Old Winchester soup topped with a sourdough crouton, wild mushrooms and truffle crème fraîche	Yes - Wheat & rye	Yes							Yes					Yes	
Chicken liver parfait with savoury granola, plum & ginger chutney and sliced sourdough	Yes - Wheat & rye	Yes	Yes				Yes			Yes	Yes	Yes			
Maple butternut squash, chestnut & sage 'sausage' roll with cranberry relish	Yes - Wheat						Yes			Yes		Yes		Yes	Yes
Roasted beetroot & marinated bocconcini salad with blood orange segments and pomegranate		Yes					Yes			Yes		Yes		Yes	
Smoked salmon with pickled cucumber ribbons, fresh basil and shallots	Yes - Wheat & barley	Yes		Yes			Yes			Yes		Yes			



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MAINS

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUITS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Braised feather blade of beef <i>roasted celeriac purée, star anise-glazed carrots and buttered kale</i>		Yes					Yes		Yes			Yes			
Mushroom, goat's cheese & kale pesto Wellington <i>served with honey-roasted carrots & parsnips</i>	Yes - Wheat	Yes	Yes											Yes	
Pan-fried sea trout <i>crab & crushed new potatoes and wilted spinach in a lemon butter sauce</i>		Yes		Yes	Yes							Yes			
Roasted turkey breast <i>chestnut & apricot stuffing, fluffy roast potatoes and pigs in blankets served with honey-roasted carrots & parsnips and buttered sprouts with lashings of turkey gravy</i>	Yes - Wheat	Yes					Yes					Yes			
Spiced aubergine, chickpea & apricot tagine <i>served with saffron couscous and pomegranate seeds</i>	Yes - Wheat								Yes			Yes		Yes	Yes



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DESSERTS

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Chocolate & cherry profiterole <i>with a black cherry sauce and rich chocolate ice cream</i>		Yes	Yes				Yes					Yes		Yes	
Bramley apple, Christmas pudding & mincemeat crumble <i>with brandy butter ice cream</i>	Yes - Wheat, barley & oats	Yes	Yes					Yes - Almonds & walnuts				Yes		Yes	
Coconut & mango rice pudding brûlée <i>with vegan vanilla ice cream</i>							Yes							Yes	Yes
Iced blackberry parfait <i>Bramley apple compote, fresh blackberries and granola crumble</i>	Yes - Wheat, barley & oats	Yes	Yes					Yes - Almonds, hazelnuts, walnuts, cashews, pecans, Brazils, pistachios & macadamias				Yes		Yes	
Pear & almond tart <i>with a cold crème anglaise</i>	Yes - Wheat	Yes	Yes					Yes - Almonds & peanuts						Yes	



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