



ALLERGEN MENU

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This guide lists what allergenic ingredients are contained in each of our dishes. The guide also shows whether or not each dish is suitable for vegetarian or vegan customers. We work closely with our suppliers and chefs to ensure that our information is correct. Therefore we ask that you inform your waiter before ordering if you have any specific dietary requirements.

Our recipe information is frequently updated so please check each time you visit to ensure you have the most up to date information on our dishes. Whilst we take every care with your meal we cannot guarantee a 100% allergen free environment nor can we guarantee against the processes used by our suppliers or products as our dishes are prepared in areas where other allergens are present.

ALLERGEN MENU

STARTERS

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Pork & chorizo Scotch egg, red pepper tapenade	Yes - wheat	Yes	Yes				Yes			Yes		Yes			
Ham hock ballotine, toasted sourdough, mustard butter	Yes - wheat & rye	Yes					Yes		Yes	Yes		Yes			
Marinated duck skewers, noodle salad, sticky soy dressing	Yes - wheat		Yes				Yes				Yes	Yes			
Roasted tomato soup, smoked mozzarella, brown bloomer	Yes - wheat & barley	Yes							Yes					Yes	
Rosary Goats Cheese salad		Yes					Yes			Yes		Yes		Yes	
Sautéed garlic chestnut mushrooms, prosciutto ham, toasted muffin	Yes - wheat	Yes	Yes									Yes			
Smoked mackerel, samphire, toasted sourdough	Yes - wheat & rye	Yes		Yes			Yes			Yes		Yes			

SHARERS

Rosemary & garlic baked camembert, toasted sourdough	Yes - wheat & rye	Yes													
Fish platter	Yes - wheat & rye	Yes	Yes	Yes		Yes	Yes			Yes		Yes			
Marinated olives														Yes	Yes
Pork sharer	Yes - wheat & rye	Yes	Yes				Yes		Yes	Yes		Yes			
Warm breads	Yes - wheat & rye	Yes					Yes					Yes		Yes	

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LIGHT BITES

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Chicken, smoked streaky bacon & Caesar mayonnaise baguette	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes			
Honey-glazed ham, hen egg, triple cooked chips			Yes						Yes	Yes					
Quickes Mature Cheddar baguette	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes			
Quinoa & grilled halloumi salad		Yes					Yes		Yes	Yes		Yes		Yes	
Steak & horseradish cream baguette	Yes - wheat & rye	Yes	Yes							Yes		Yes			
Smashed avocado & red pepper baguette	Yes - wheat & rye		Yes				Yes			Yes		Yes		Yes	
Salmon & smoked haddock fish cakes	Yes - wheat	Yes	Yes	Yes			Yes			Yes		Yes			
Swiss chard, red onion & cheddar quiche	Yes - wheat	Yes	Yes				Yes			Yes		Yes		Yes	
Lemon & parmesan fish fingers, malted brown bloomer	Yes - wheat & barley	Yes	Yes	Yes						Yes		Yes			
Old Spot sausage, malted brown bloomer	Yes - wheat, rye & barley	Yes	Yes	Yes					Yes	Yes		Yes			

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MAINS	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Summer salad												Yes		Yes	Yes
Summer salad, sea bream		Yes		Yes								Yes			
Summer salad, chicken		Yes										Yes			
Pea, courgette & green bean risotto, fresh mint, feta		Yes							Yes					Yes	
Ale battered fish, triple cooked chips, sweet mushy garden peas	Yes - wheat & barley	Yes	Yes	Yes						Yes		Yes			
Harissa-roasted rump of lamb, apricot, semi-dried tomato & olive couscous	Yes - wheat	Yes					Yes		Yes			Yes			
Herb rolled pork fillet, chorizo Pommes Anna, carrots, tenderstem broccoli		Yes										Yes			
Josper roasted mussels, skinny fries						Yes									
Bacon & cheese burger, skinny fries	Yes - wheat	Yes	Yes				Yes		Yes	Yes					
Roast chicken breast, roasted new potatoes, marinated mozzarella, prosciutto ham		Yes													
Gloucester Old Spot sausages, creamed mash, bacon, onion gravy	Yes - wheat	Yes					Yes					Yes			
Pan-fried sea bream fillet, cannellini bean ragout		Yes		Yes								Yes			
Chestnut mushroom, roasted cauliflower & spinach penne pasta	Yes - wheat & rye	Yes	Yes						Yes					Yes	

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STEAKS	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS	
20oz Chateaubriand, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
8oz Fillet, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
8oz Rib-eye, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
8oz Rump, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
8oz Sirloin, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
14oz Cote de Beouf, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
10oz USDA Rib-eye, triple cooked chips, confit tomato, Portobello mushroom		Yes	Yes						Yes	Yes						
Béarnaise sauce		Yes	Yes									Yes		Yes		
Peppercorn sauce		Yes					Yes					Yes				
SUNDAY LUNCH																
Roast breast of chicken	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes				
Roast shoulder of pork	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes				
Roast sirloin of Beef	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes				
Vegetarian roast	Yes - wheat & rye	Yes	Yes				Yes		Yes	Yes		Yes		Yes		

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SIDES	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Fennel glazed carrots & tenderstem broccoli		Yes												Yes	
Heritage tomato & radish salad												Yes		Yes	Yes
Sea salt & vinegar onion rings	Yes - wheat													Yes	
Skinny fries			Yes						Yes	Yes				Yes	
Sourdough & butter	Yes - wheat & rye	Yes												Yes	
Sweet potato fries			Yes						Yes	Yes				Yes	
Triple cooked chips			Yes						Yes	Yes				Yes	
DESSERTS															
Banoffee pie, toffee ice cream	Yes - wheat & barley	Yes	Yes					Yes - pecans				Yes		Yes	
Cheese plate, crackers, grapes, apricot & ginger chutney	Yes - wheat, rye, & barley	Yes						Yes - pistachio			Yes	Yes			
Chocolate brownie, chocolate mousse, vanilla pod ice cream		Yes	Yes				Yes					Yes		Yes	
Seasonal berry pavlova		Yes	Yes									Yes		Yes	
Treacle tart, orange crème fraîche	Yes - wheat & barley	Yes	Yes											Yes	
Vanilla cheesecake, poached fruits, raspberry sorbet	Yes - wheat	Yes												Yes	

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STARTERS - CHILDREN

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Dough balls	Yes - wheat	Yes												Yes	
Hummus & vegetable sticks											Yes			Yes	Yes

MAINS - CHILDREN

Margherita pizza	Yes - wheat	Yes												Yes	
Cheese burger	Yes - wheat	Yes	Yes						Yes	Yes	Yes				
Crispy chicken	Yes - wheat	Yes	Yes						Yes	Yes					
Fish fingers & chips	Yes - wheat & barley		Yes	Yes					Yes	Yes					
Bolognese penne pasta	Yes - wheat	Yes							Yes			Yes			
Pepperoni pizza	Yes - wheat	Yes													
Tomato & mozzarella penne pasta	Yes - wheat	Yes												Yes	

DESSERT - CHILDREN

Chocolate brownie		Yes	Yes				Yes					Yes		Yes	
Fruit pot		Yes												Yes	
Ice cream		Yes												Yes	

SUNDAY - CHILDREN

Roast breast of chicken	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes			
Roast shoulder of pork	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes			
Roast sirloin of beef	Yes - wheat & rye	Yes	Yes				Yes			Yes		Yes			
Vegetarian roast	Yes - wheat & rye	Yes	Yes				Yes		Yes	Yes		Yes		Yes	

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