



**ALLERGEN MENU**

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This guide lists what allergenic ingredients are contained in each of our dishes.

The guide also shows whether or not each dish is suitable for vegetarian or vegan customers. We work closely with our suppliers and chefs to ensure that our information is correct. Therefore we ask that you inform your waiter before ordering if you have any specific dietary requirements.

Our recipe information is frequently updated so please check each time you visit to ensure you have the most up to date information on our dishes. Whilst we take every care with your meal we cannot guarantee a 100% allergen free environment nor can we guarantee against the processes used by our suppliers or products as our dishes are prepared in areas where other allergens are present.

# ALLERGEN MENU

## NIBBLES

	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Beetroot & goat's curd dip	Yes - wheat & barley	Yes									Yes			Yes	
Italian olives														Yes	Yes
Smoked almonds							Yes	Yes - almonds						Yes	Yes

## STARTERS

Ham hock & pea terrine and toasted sourdough	Yes - wheat, rye & barley		Yes							Yes		Yes			
Harissa glazed aubergine, roasted garlic yogurt and chilli		Yes												Yes	
Lightly dusted squid and Asian slaw	Yes - wheat		Yes			Yes				Yes					
Grilled chicken skewers in satay sauce	Yes - wheat						Yes	Yes - peanuts			Yes	Yes			
Smoked salmon, gin & tonic pickled cucumber and malted brown bloomer	Yes - wheat, rye & barley	Yes		Yes								Yes			
Greek salad with blistered cherry tomatoes and feta		Yes					Yes			Yes		Yes		Yes	
Truffle & parmesan arancini with rustic tomato sauce	Yes - wheat	Yes	Yes						Yes						

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SHARERS	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Fritto misto	Yes - wheat		Yes	Yes	Yes	Yes				Yes					
Antipasti	Yes - wheat, rye & barley	Yes										Yes			
Warm breads	Yes - wheat & rye						Yes				Yes			Yes	Yes

## FROM THE JOSPER/GRILL

16oz Chateaubriand steak		Yes					Yes					Yes			
8oz fillet steak		Yes					Yes					Yes			
8oz sirloin steak		Yes					Yes					Yes			
Cured fillet of salmon with Caesar salad	Yes - wheat, rye & barley	Yes	Yes	Yes											
Charred half chicken tikka with Asian slaw		Yes					Yes			Yes	Yes				
BBQ pork belly with new potato salad and chipotle & lime coleslaw	Yes - wheat & barley	Yes	Yes				Yes		Yes	Yes		Yes			

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MAINS	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Chicken Milanese with a sourdough crumb and a fried egg	Yes - wheat & rye	Yes	Yes												
Chipotle & quinoa chilli and toasted pitta bread	Yes - wheat	Yes					Yes		Yes					Yes	
Poppy seed battered hake with masala spiced chips	Yes - wheat & barley	Yes		Yes											
Coconut, sweet potato & butternut squash curry with sticky jasmine rice									Yes					Yes	Yes
Wagyu beef burger with seasoned skinny fries	Yes - wheat	Yes	Yes				Yes		Yes			Yes			

## PASTA/RISOTTO

Beef ragu pappardelle finished with a parmesan and panko crumb	Yes - wheat	Yes	Yes						Yes			Yes			
Cured salmon & king prawn linguine and toasted pine nuts	Yes - wheat	Yes		Yes	Yes										
Pea, mint & spinach risotto, goat's curd and pea shoots		Yes	Yes						Yes					Yes	
Meatball tagliatelle carbonara with pork meatballs	Yes - wheat	Yes	Yes									Yes			

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## PIZZAS

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1/2 marinated mozzarella, semi-dried tomatoes and basil and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes		Yes	
Marinated mozzarella, semi-dried tomatoes and basil	Yes - wheat	Yes												Yes	
1/2 olives & spinach mascarpone, mozzarella and a cracked egg and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes		Yes	
Olives & spinach mascarpone, mozzarella and a cracked egg	Yes - wheat	Yes	Yes											Yes	
1/2 peri-peri chicken, mozzarella and mixed peppers and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes			
Peri-peri chicken, mozzarella and mixed peppers	Yes - wheat	Yes	Yes							Yes		Yes			
1/2 roasted butternut squash, goat's curd and kale pesto and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes		Yes	
Roasted butternut squash, goat's curd and kale pesto	Yes - wheat	Yes												Yes	
1/2 salami pepperoni chorizo, 'Nduja and mozzarella and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes			
Salami pepperoni chorizo, 'Nduja and mozzarella	Yes - wheat	Yes													
1/2 spicy king prawn, smoked anchovies, mozzarella and chillies and salad	Yes - wheat	Yes	Yes	Yes	Yes		Yes			Yes		Yes			
Spicy king prawn, smoked anchovies, mozzarella and chillies	Yes - wheat	Yes		Yes	Yes										
1/2 spiced lamb, pomegranates and yogurt & mint dressing and salad	Yes - wheat	Yes	Yes				Yes			Yes		Yes			
Spiced lamb, pomegranates and yogurt & mint dressing	Yes - wheat	Yes													

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<b>FLATBREADS</b>															
Garlic chestnut mushrooms, goat's curd and red onion jam	Yes - wheat	Yes												Yes	
Harissa marinated halloumi, roasted vegetables and hummus	Yes - wheat	Yes									Yes			Yes	
Peri-peri chicken Asian slaw and hot sauce mayonnaise	Yes - wheat	Yes	Yes				Yes			Yes	Yes	Yes			
Smoked salmon avocado cream, chilli and dill	Yes - wheat	Yes		Yes											

## SALADS

Roasted cauliflower salad with toasted hazelnuts								Yes - hazelnuts	Yes			Yes		Yes	Yes
Chicken Caesar with anchovy butter croutons	Yes - wheat, rye & barley	Yes	Yes	Yes											
Watermelon & heirloom tomato salad with feta		Yes												Yes	

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SIDES	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Baked sweet potato wedges with sour cream & spring onion		Yes												Yes	
Blistered green beans & chilli		Yes									Yes			Yes	
New potato, spring onion & sour cream salad		Yes					Yes			Yes		Yes		Yes	
Fried potatoes, garlic mayonnaise & rosemary		Yes	Yes							Yes				Yes	
Caesar salad	Yes - wheat, rye & barley	Yes	Yes	Yes											
Seasonal vegetables		Yes												Yes	
Seasoned skinny fries														Yes	Yes
Triple cooked chips														Yes	Yes

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<b>SOMETHING SWEET</b>															
Earl Grey panna cotta with blackberries and mini shortbread biscuits	Yes - wheat	Yes													
Peanut butter parfait, banana caramel & honeycomb	Yes - wheat	Yes	Yes					Yes - peanuts			Yes	Yes		Yes	
Raspberry sorbet with raspberries and coulis														Yes	Yes
Millionaire's shortbread with dark chocolate, sticky whisky caramel and chocolate ice cream	Yes - wheat	Yes					Yes	Yes - almonds & peanuts				Yes		Yes	
Warm sticky toffee pudding, toffee sauce and clotted cream	Yes - wheat	Yes	Yes											Yes	
White chocolate & raspberry Eton mess		Yes	Yes				Yes							Yes	
Cardamom & ginger rice pudding with roasted pineapple		Yes												Yes	
<b>COCKTAIL DESSERTS</b>															
Earl Grey panna cotta mini	Yes - wheat	Yes													
Millionaire's shortbread mini	Yes - wheat	Yes					Yes	Yes - almonds & peanuts						Yes	
White chocolate & raspberry Eton mess mini	Yes - wheat	Yes	Yes				Yes	Yes - almonds						Yes	

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EXTRAS	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Peppercorn sauce		Yes					Yes					Yes			
Béarnaise sauce		Yes	Yes									Yes		Yes	
Add chicken															
Add halloumi		Yes												Yes	
Add avocado														Yes	Yes
Breads	Yes - wheat & rye													Yes	Yes
Add egg			Yes									Yes		Yes	
Ice cream		Yes												Yes	
Add mozzarella		Yes												Yes	
Add mushroom														Yes	Yes
Add olives														Yes	Yes
Add pepperoni															

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BOTTOMLESS BRUNCH	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Corn, butternut squash & chilli hash with guacamole, fried egg and sriracha sauce			Yes											Yes	
Corn, butternut squash & chilli hash with guacamole, fried egg, sriracha sauce and halloumi		Yes	Yes											Yes	
French toast with blueberries and Mr Black syrup - contains alcohol	Yes - wheat & barley	Yes	Yes											Yes	
Smashed avocado with chilli & lime with flat mushroom, tomato and poached eggs on toasted sourdough	Yes - wheat & rye		Yes									Yes		Yes	
Smashed avocado with chilli & lime with flat mushroom, tomato, poached eggs and bacon on toasted sourdough	Yes - wheat & rye		Yes									Yes			
Avocado & spinach benedict; poached eggs and Hollandaise on a toasted English muffin	Yes - wheat	Yes	Yes									Yes		Yes	
Baked breakfast with a cracked egg	Yes - wheat & rye	Yes	Yes									Yes			
Eggs royale; smoked salmon, poached eggs and Hollandaise on a toasted English muffin	Yes - wheat	Yes	Yes	Yes								Yes			
Buttermilk pancakes with banana, maple pecans and chocolate sauce	Yes - wheat	Yes	Yes				Yes	Yes - pecan nuts				Yes		Yes	
Buttermilk pancakes with Greek yogurt, blueberries and mixed seeds	Yes - wheat	Yes	Yes											Yes	
Smashed avocado and grilled mushrooms on toasted sourdough	Yes - wheat & rye													Yes	Yes
Turkish eggs and toasted sourdough	Yes - wheat & rye	Yes	Yes									Yes			
Turmeric yogurt bowl, honey, toasted coconut, fruit and mixed seeds		Yes										Yes		Yes	
Add crispy bacon															
Add halloumi		Yes												Yes	

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AFTERNOON TEA	GLUTEN CONTAINING CEREALS	MILK	EGGS	FISH	CRUSTACEANS	MOLLUSCS	SOYBEANS	NUTS	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIANS	SUITABLE FOR VEGANS
Cake of the Week		Yes	Yes									Yes		Yes	
Earl grey panna cotta		Yes	Yes												
Egg mayonnaise sandwich	Yes - wheat		Yes				Yes			Yes	Yes			Yes	
Feta & red onion pastry	Yes - wheat	Yes	Yes											Yes	
Honey roast ham & piccalilli sandwich	Yes - wheat & barley	Yes								Yes					
Popcorn tiffin	Yes - wheat	Yes					Yes							Yes	
Scones with cream & jam	Yes - wheat	Yes	Yes											Yes	
Smoked salmon, cucumber & cream cheese sandwich	Yes - wheat	Yes		Yes			Yes				Yes	Yes			
Tea - Brew Tea		Yes												Yes	

## GENTLEMAN'S TEA

Egg mayonnaise sandwich	Yes - wheat		Yes				Yes			Yes	Yes			Yes	
Honey roast ham & piccalilli sandwich	Yes - wheat & barley	Yes								Yes					
Spiced lamb kofta	Yes - barley											Yes			
Piri-piri chicken flatbread	Yes - wheat	Yes	Yes				Yes			Yes	Yes	Yes			
Popcorn tiffin	Yes - wheat	Yes					Yes							Yes	
Pork scratchings & chilli jam												Yes			
Scones with cream & jam	Yes - wheat	Yes	Yes											Yes	
Tea - Brew Tea		Yes												Yes	

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